

Free

Artist: Jack Ingram

Genre: Country

CD: Big Dreams & High Hopes

Level: Intermediate

Choreo: Alberta Stamp, astamp@olypen.com; 101 Montihill Lane, Sequim, WA 98382, 360-683-7487

Wait : 16 beats

Left Foot Lead Sequence Intro, A, B ½ A, B, Break, C, A*, B*, Ending

Intro (32 counts)

Quarter Moon ¼ Left

Ds Ds Ds K (¼ Lt) Ba Sl/Li Ds Ds R S
 L R L R R R/L L R L R
 &1 &2 &3 &4 & 5 &6 &7 & 8

Black Mountain ¼ Left

Ds He He pa Sv1/Tt (¼ Lt) He/S Li/Sl
 L R R L/R L/R L/R
 &1 & 2 & 3 & 4

2 Sway Basics

Ds (xib) R S
 L R L
 &1 & 2

Repeat Quarter Moon ¼ Left, Black Mountain ¼ Left, 2 Sway Basics

Part A (48 counts)

Machine Gun

Ds Ds Ba Sl/Li Dt Fl/S pa He/Bo He/Bo Li/Sl Ds Sl/Li S
 L R L L/R R L/R L/R L/R L/R L L/R R
 &1 &2 & 3 & 4 & 5 & 6 &7 & 8

Mountain Goat

Ds Ba (xif) Ba (b) Ba (ots) Ba (xif) Ba (b) Li/Sl
 L R L R L R L/R
 &1 & 2 & 3 & 4

Rock Back

Ds R (b) S (b) R(b) S(b) R (b) S
 L R L R L R L
 &1 & 2 & 3 & 4

Repeat Machine Gun, Mountain Goat and Rock Back with Right foot lead

Simone

Dt (b) Hc Br (f) Hc Tt (xif) Hc Tt (xif) Hc Tt (ots) Hc Tt (xif) Hc Ds R S
 L R L R L R L R L R L R L R L R S
 & 1 & 2 & 3 & 4 & 5 & 6 &7 & 8

8 Count Charleston Brush

Ds Tt (f) Hc TH (b) Tt (b) Hc Tt (f) Hc TH (b) Tt (b) Hc Br Hc
 L R L R L R L R L R L R L R L
 &1 & 2 &3 & 4 & 5 &6 & 7 & 8

Part B ½ (16 counts)

Cross Over Rock Heel ½ Left

Ds Dt(xif) Hc Dt (ots) Hc R Hw (turn ½ Lt) S Ds Ds R S
 L R L R L R L R L R L R L R

Short Layover

Ds Ds/Br pa S R S
 L R/L L R L
 &1 &2 & 3 & 4

[½ right]

Triple ½ Right

Ds Ds Ds R S
 R L R L R
 &1 &2 &3 & 4

Part A (48 counts)

Machine Gun, Mountain Goat, Rock Back, Machine Gun, Mountain Goat, Rock Back

Part B (32 counts)

Cross Over Rock Heel ½ Left, Short Layover, Triple no turn, Cross Over Rock Heel ½ Left, Short Layover, Triple no turn

Break (8 counts)

Samantha

Ds Ds(xif) Dr S Dr S R(b) S Ds Ds R S
 L R R L L R L R L R L R
 &1 &2 & 3 & 4 & 5 &6 &7 & 8

Part C (28 counts)

MJ Whiplash

Ds Ds (xib) R(ots) S(ots) pa S R S Sl/Li S Li/Dr S Sl/Li S
 L R L R L R L L/R R L/R L L/R R
 &1 &2 & 3 & 4 & 5 & 6 & 7 & 8

Kentucky Loop Vine

Ds Dr S Ds Lp (xib) S
 L R R L R R
 &1 & 2 &3 & 4

Utah Rock Brush

Ds Dt (b) Hc R S Br(fwd) Hc
 L R L R L R L
 &1 & 2 & 3 & 4

Gallop 3 and Run

R S R S R S Ds (move to right)
 R L R L R L R

4 Count Vine Left and Right

Ds Ds (xib) Ds R S
 L R L R L
 &1 &2 &3 & 4

Part A* (18 counts)

Simone

8 Count Charleston

2 Runs

Ds Ds
 L L
 &1 &2

Part B* (48 counts)

Cross Over Rock Heel ¾ Left, Short Layover, Triple, Cross Over Rock Heel ½ Left, Short Layover, Triple, Cross Over Rock Heel ¾ Left, Short Layover, Triple

Ending (29 counts)

Quarter Moon ¼ Left, Black Mountain ¼ Left, 2 Sway Basics, Quarter Moon ¼ Left, Black Mountain ¼ Left, Step

pa S
 & 1

Ds = Double step

Br = Brush

Hc = Heel click

Hw = Heel takes weight

Fl = Flange foot

Ba = ball

Sl = Slide

Dr = Drag

R = Rock

S = Step

Dt = Double toe

TH = Toe Heel

Tt = Toe touch

xif = cross in front

xib = cross in back

ots = out to side

b = back

f = front

Li = lift

Bo = bounce

Ki = kick

Svl = swivel