

Hey LA

Artist: Ryan Beatty

CD: Because Of You

Choreo: Alberta Stamp, astamp@olympen.com; 101 Montihill Lane, Sequim, WA 98382, 360-683-7487

Wait : 16 beats

Left Foot Lead

Sequence A Brk B A Brk B C B B B*

Pop: Fast Tempo

Level: Advanced

Part A (32 counts)

2 Basics

Ds R S
L R L
&1 & 2

Kick Rock Across

Jump/K(ots) Bo/TT (xif) Bo/K(ots) R He Ba Sk Sn Flap S TT (b) Sl
L/R L/R L/R R L L R L R R L R
& 1 & 2 e & a 3 e & a 4

Kentucky Get It

Dr/ K S To Ba He Ba To Ba He Ba Sk Sn Flap S
R/L L R R L L R R L L R L R R
& 1 e & a 2 e & a 3 e & a 4

Crimp Canadian

Ds Ba Ba He He R S Ds T Li/Sl
L R L R L R L R L L/R
&1 e & a 2 & 3 e& a 4

Kick It

Dt S/K Dr/Bend Sl/K Ba(ots) Ba (xif) Ba (ots) Bo/Bo K R S Ds Ba Li/Sl
L L/R L/R L/R R L R L/R L L R L R L/R
& 1 & 2 & 3 & 4 5 & 6 & 7 & 8

Hop Apart and Turn Full Right

(1/2 right)

Ds Ds (1/4 Lt) pa Hop/Li (3/4 Rt) R S Ds Ds Ds R S
L R L/R L/R R L R L R L R
&1 &2 & 3 & 4 &5 &6 &7 & 8

Break (8 counts)

Hop Scotch

Ds R S Dr/K S R S Dt Bo/Bo apart K(xib) Bo/Bo apart K(xib) S Slr (in) S
L R L L/R R L R L L/R L L/R L L R R
&1 & 2 & 3 & 4 &a 5 & 6 & 7 & 8

Part B (32 counts)

Charleston Gregory Sonic

Ds Hw(f) He Ba R(b) He Ba hscf(inwd) click heels S S S Ds TT(f)Li S Ds TT(f) Li
L R L L R L L R L/R L R L R L L R L L
&1 & a 2 & a 3 e & a 4 & 5 a& a 6 & a7 & 8

Burton Twist

Ds Sc Sn Fl S To Ba He S S(ots) S(xib)/ Slur S Sc Sn Fl S Dt Tw/Tw He/Sl
L R L R R L L R R L R L R L L R R L L/R L/R
&1 e & a 2 e & a 3 & 4 & 5 e & a 6 &7 e & a 8

Canadian Break

Ds Dt Hop TT(f) Hop TT(b) Hop S Pa S S S Ds R S
L R L R L R L R L R L R L R L R
&1 e& a 2 & 3 & 4 & 5 & 6 &7 & 8

Breezin' Easy

Ds To(b)Ba HeBa Jmp(ots) ToBa(xib) Jmp(ots) ToBa(xib) Hop/K Bo Dt Dt TT Dt He/S Li/Sl
L R L R L R L L/R L/R L R R R L/R L/R
&1 & 2 & a 3 & a 4 & 5 e & a 6 & 7 & 8

Part A (32 counts)

2 Basics, Kick Rock Across, Kentucky Get It, Crimp Canadian, Kick It, Hop Apart And Turn Full Right

Break (16 counts)

Hop Scotch

Part B (32 counts)

Charleston Gregory Sonic, Burton Twist, Canadian Break, Breezin' Easy

Part C (32 counts)

(1/2 right)

Loop Heel Canadian--1/2 Right

Ds	Lp@b	S	R	He(w)	pa	S	R	S	DbS	DbS	DbS	TT	Li/SI
L	R	R	L	R		L	R	L	R	L	R	L	L/R
&1	&	2	&	3	&	4	&	5	a&a	6a&	a&a	&	8

Flat Gypsie Slide

Ds	Sc	Sn	Fl	Li(ots)/	Hc	R(b)	S	Sc	Sn	Fl	Li (ots)/	Hc	R(b)	S	Sc	Sn	Fl	S	Sc	Sn	Fl	S	Ba	Li/SI	
L	R	L	R	R	L	R	L	R	L	R	R	L	R	L	R	L	R	R	L	R	L	R	R	L	L/R
&1	e	&	a	2		&	3	e	&	a	4		&	5	e	&	a	6	e	&	a	7	&	8	

Canadian Kick Rock

Ds	Dt	Hop	TT	Hop/K(xif)	Hop/K (ots)	R	S
L	R	L	R	L/R	L/R	R	L
&1	e&	a	2	&	3	&	4

Triple 1/2 Right

Synco

S	Dt (xif)	R	S	Dt (ots)	R	S
L	R	R	L	R	R	L
1	e&	2	&	3e	&	4

Rock Rhythm

R	S	Dt	Hop	Dt	Hop	To	Ba	Dt	Hop	TT
R	L	R	L	R	L	R	R	L	R	L
&	1	e&	a	2e	&	a	3	e&	a	4

Part B (32 counts)

Charleston Gregory Sonic, Burton Twist 1/4 Left , Canadian Break, Breezin' Easy

Part B (32 counts)

Charleston Gregory Sonic, Burton Twist 1/2 Left, Canadian Break, Breezin' Easy

Part B* (28 counts)

Charleston Gregory Sonic, Burton Twist 1/4 Left, Canadian Break, 1/2 Breezin' Easy

Key

Ds = Double Step
Hc = Heel Click
xif = Cross in front
Dt = Double toe
Ba = Ball

R = Rock
Hw = Heel takes weight
xib = Cross in back
K = Kick
b= back

S = Step
Li = Lift
ots = Out to side
Hop = Hop
Sl = slide

Jmp = Jump
To = Toe
TT = Toe Touch
Sn = Snap
Li = Lift