

Music To My Soul

Artist: CeeLo Green

CD: Heart Blanche

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Pop: moderate tempo

Level: Intermediate

Wait: 16 beats (left foot lead)

Sequence: A B C 1/2A B Break D B* Ending

Part A (32 beats)

Easy Slider

Ds	Dr	S	S	Brk/S(b)	S	R	S	Ds	Ds	R	S
L	L	R	L	R/L	R	L	R	L	R	L	R
&1	&	2	&	3&	4	&	5	&6	&7	&	8

2 Slap Rocks

Dt (ots)	Hc	R	S
R	L	R	L
&	1	&	2

Triple

Ds	Ds	Ds	R	S
R	L	R	L	R
&1	&2	&3	&	4

Swayback

Ds	Dt (xif)	Hc	Dt (ots)	Hc	TH (b)	R	S	Ds	Ds	R	S
L	R	L	R	L	RR	L	R	L	R	L	R
&1	&	2	&	3	&4	&	5	&6	&7	&	8

½ Swing Forward

Ds	R	S	Dr	S(xif)	R	S	
L	R	L	L	R	L	R	
&	1	&	2	&	3	&	4

Slur it Back

Dt	S/Slr (b)	Slr/S (b)	S/Slr (b)	S
L	L/R	L/R	L/R	R
&	1&	2&	3&	4

Part B (16 beats)

Popcorn

Ds	Ds	R	He	R	S	Ba	Li/SI	Ds	Ds	R	S
L	R	L	R	R	L	R	L/R	L	R	L	R
&1	&2	&	3	&	4	&	5	&6	&7	&	8

Crimp Burton

Ds	Ba	Ba	HI	HI	R	S	Sk	Sn	FI	S
L	R	L	R	L	R	L	R	L	R	R
&1	e	&	a	2	&	3	e	&	a	4

Over The Log

Ds	Ds	S(b)	S(b)	pa	clap
L	R	L	R		
&1	&2	&	3	&	4

Part C (32 beats)

Double Heel Turn ½ Lt

				[turn ½ lt]							
Ds	Ds (xib)	R	Hw	Hw	S	Ds	Ds	R	S		
L	R	L	R	L	R	L	R	L	R		
&1	&2	&	3&	4&	5	&6	&7	&	8		

Macnamara

R	He	R	S	R	He	R	S
L	R	R	L	R	L	L	R
&	1	&	2	&	3	&	4

Step Basic and Kick

pa	S	Ds	R	S	K	Hc
	L	R	L	R	L	R
&	1	&2	&	3	&	4

Repeat Double Heel Turn, Macnamara and Step Basic and Kick to face the front.

Part A* (32 beats)

Easy Slider, 2 Slap Rock, Triple, Swayback, 1/2 Swing Step, Slur Back

Part B (32 beats)

Popcorn, Crimp Burton, Over The Log

Part C (32 beats)

Double Heel turn 1/2 Left, Macnamara, Step Basic and Kick, Repeat all to face the front.

Part D (32 beats)

Unclog plus

Sta	Stmp	Sk	Li/Hc	R	S	Sk	Li/Hc
L	L	R	R/L	R	L	R	R/L
&	1	&	2	&	3	&	4

Heel Triple 1/4 Lt

He	S	He	S	He	S	R (1/4 Lt)	S
R	R	L	L	R	R	L	R
&	1	&	2	&	3	&	4

Time Step

S (f)	R	S (ots)	S (f)	R	S (ots)	S (f)
L	R	L	R	L	R	L
1	&	2	&	3	&	4

Stomp Double 1/4 Lt

pa	S	Ds	Ds	R (1/4 Lt)	S
	R	L	R	L	R
&	1	&2	&3	&	4

Repeat above to face the front

Part B (32 beats)

Popcorn, Crimp Burton, Over The Log

Part C*(32 beats)

Double Heel turn 3/4 Left, Macnamara, Step Basic and Kick

Double Heel turn 3/4 Left, Macnamara, Step Basic and Kick

Part C*(32 beats)

Double Heel turn 3/4 Left, Macnamara, Step Basic and Kick

Double Heel turn 3/4 Left, Macnamara, Step Basic and Kick

Ending (2 beats)

Basic pull

Ds	pull toe (fwd)
L	R
&1	&2

Key

Ds = double step

Dt = double toe

R = rock

S = step

Brk = break ankle

Br = brush

K = kick

Hw = heel takes wt

He = heel

Sk = skuff heel

Sn = snap

Lp = loop back

Slr = slur

b = back

Fl = brush toe back

f = front

xib = cross in back

xif = cross in front

ots = out to side

Dr = drag

Sl = slide