

One Little Push

Artist: Doo Wah Riders

Easy Intermediate : Cajun country

CD: Big Small World

Choreo: Alberta Stamp, 101 Montihill Lane, Sequim, WA, 360-687487, (2007)

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Wait 16 counts Left Foot lead Sequence A B Br A B C Bridge B* Ending

Part A (32 beats)

Clog over 4

Ds Ds (xif) Ds(ots) Ds (xib)
&1 &2 &3 &4
L R L R

Heel Toe Combo

Ds H Hc T Hc H Hc
&1 & 2 & 3 & 4
L R L R L R L

2 Basics

Ds R S
&1 & 2
R L R

Fancy Double

Ds Ds R S R S
&1 &2 & 3 & 4
R L R L R L

Clog over 4

Heel Toe Combo

2 Basics

Double and pause 1

Ds Ds R S pa
&1 &2 & 3 &4
L R L R

Part B (28 beats)

Stomp Double

pa S Ds Ds R S
& 1 &2 &3 & 4
L R L R L

Push ½ right

Ds R S R S R S (1/2 rt)
&1 & 2 & 3 & 4
R L R L R L R

High horse

Ds Dt(xif) Hc Dt(ots) Hc R S Ba Sl/Li Ds Ds R S

8

&1 & 2 & 3 & 4 & 5 &6 &7 &

L R L R L R L R R L R L R

Run 4 Drag back and turn 1/2 right

Ds Ds Ds Ds Dr S Dr S SI S SI S (1/2 right)

&1 &2 &3 &4 & 5 & 6 & 7 & 8

L R L R R L L R R L L R

2 Cross touches

Ds T(xif) Hc

&1 & 2

L R L

Break (16 beats)

Kanagroo & joey angle left

Ba(ots)

8

R

Ds SI R S SI R S Ds Ba(xib) Ba(ots) Ba(ots) Ba(xib) Ba(ots)

&1 & 2 & 3 & 4 &5 & 6 & 7 &

L L R L L R L R L R L R L

Kangaroo & joey angle right

Part A (32 beats)

Clog over 4

Heel Toe Combo

2 Basics

Fancy Double

Clog over 4

Heel Toe Combo

2 Basics

Double and pause 1

Part B (28 beats)

Stomp Double

Push 1/2 right

High horse

Run 4 Drag back and turn 1/2 right

2 Cross touches

Part C (32 beats)

Mountain Goat

Ds Ba(xif) Ba(b) Ba(ots) Ba(xif) Ba(b) SI/Li
&1 & 2 & 3 & 4
L R L R L R R/L

Rocking chair /14 left

Ds Br(1/4 lt) Hc Ds R S
&1 & 2 &3 & 4
L R L R L R

Repeat 3 times in a box

Bridge (16 beats)

Clog over vine left

Ds Ds(xif) Ds(ots) Ds(xib) Ds(ots) Ds(xif) Ds(ots) R S
&1 &2 &3 &4 &5 &6 &7
& 8
L R L R L R L

R L

7 Count Vine right

Ds Ds (xif) Ds(ots) R S Ds(xif) Ds(ots) R S pa
&1 &2 &3 & 4 &5 &6 & 7
&8
R L R L R L R L R

B *(32 beats)

Stomp Double

Push 1/2 right

High horse

Run 4 Drag back and turn 1/2 right

2 Cross touches

2 Basics

2 Cross touches

Ending

Kangaroo & Joey 1/4 left

Repeat 3 times in a box

Ds = double step

Br = brush

pa = pause

Li = lift

Dt = double toe

R = rock

Sl = slide

xif = cross in front

H = heel

S = step

Ba = ball

xib = cross in back

Hc = heel click

Dr = drag

T = toe

ots = out to side