

## Rise (Sing It Loud)

**Artist:** Caroline Jones      **CD:** Bare Feet      **Country:** Fast Tempo      **Level:** Easy Intermediate  
**Choreo:** Alberta Stamp, CCI, [astamp@olypen.com](mailto:astamp@olypen.com); 101 Montihill Lane, Sequim, WA 98382, 360-477-9764 (10/17)  
**Wait:** 16 beats      **Left Foot Lead**      **Sequence**    **Bridge**    **A**    **B**    **C**    **D**    **A**    **B**    **C**    **D**    **E**    **Ending**

### Part A (32 counts)

**Rooster Run**  
 Ds Ds(xif) Ba(ots) Ba(xib) Ba(ots) S(xif)  
 L R L R L R  
 &1 &2 & 3 & 4

**Heel Pull Basic**  
 Hw(ots) Slr(inward) S Ds R S  
 L R R L R L  
 1 & 2 &3 & 4

**Rocking Chair**  
 Ds Br Li/Hc Ds R S  
 R L L/R L R L  
 &1 & 2 &3 & 4

**Fancy Double**  
 Ds Ds R S R S  
 R L R L R L  
 &1 &2 & 3 & 4

Repeat all with a right foot lead

### Bridge (16 counts)

(1/2 left)

**High Horse 1/2 Left**  
 Ds Dt(xif) Hc Dt(ots) Hc R S Ba Li/Sl Ds Ds R S  
 L R L R L R L R L/R L R L R  
 &1 & 2 & 3 & 4 & 5 &6 &7 & 8

High Horse 1/2 Left

### Part A (32 counts)

Rooster Run, Heel Pull Basic, Rocking Chair, Fancy Double. Repeat all with a right foot lead

### Part B (20 counts)

**Clog over vine left**  
 Ds Ds(xif) Ds(ots) Ds(xib) Ds(ots) Ds(xif) Ds(ots) R S  
 L R L R L R L R L R  
 &1 &2 &3 &4 &5 &6 &7 & 8

**Karate 1/2 Right**  
 Ds K(turn 1/2 Rt) S K(fwd) Hc  
 R L L R L  
 &1 & 2& 3 & 4

(1/2 right)  
**Triple 1/2 Right**  
 Ds Ds Ds R S  
 R L R L R  
 &1 &2 &3 & 4

**Outhouse**  
 Ds Tt(ots) Hc Tt(xif) Hc Tt(ots) Hc  
 L R L R L R L  
 &1 & 2 & 3 & 4

**Basic**  
 Ds R S  
 R L R  
 &1 & 2

### Part C (20 counts)

**Crazy Step**  
 Ds Ds Ds K Hc R S Ds R S K Hc  
 L R L R L R L R L R L R  
 &1 &2 &3 & 4 & 5 &6 & 7 & 8

Long Charleston

Ds	Tt(f)	Hc	TH	Tt(b)	Hc
L	R	L	RR	L	R
&1	&	2	&3	&	4

2 Pidgeon Lifts

Dt	Tw (toes in)	Tw (heels in)	Li
L	L/R	L/R	R
&	1	&	2

2 Basics

**Part D (32 Counts)**

Dance Samantha 1/2 Left

Ds	Ds	K/Dr	S (fwd)	Dr /K	S (fwd)	R	S	Ds	Ds	R	S
L	R	L/R	L	L/R	R	L	R	L	R	L	R
&1	&2	&	3	&	4	&	5	&6	&7	&	8

(1/2 left)

Simone Stomp

Ds	Ds	Stmp	Stmp	Dr	Sl
L	R	L	R	L/R	L/R
&1	&2	&	3	&	4

Push and Run

Ds	R	S	R	S	Ds
L	R	L	R	L	R
&1	&	2	&	3	&4

Repeat the above steps to the front.

**Part A (32 counts)**

Rooster Run, Heel Pull Basic, Rocking Chair, Fancy Double. Repeat all with a right foot lead

**Part B (20 counts)**

Clog over vine left, Karate 1/2 Right, Triple 1/2 Right, Outhouse, Basic

**Part C (32 counts)**

Crazy Step, Long Charleston, 2 Pidgeon Lifts, 2 Basics

**Part D (32 counts)**

Dance Samantha 1/2 Left, Simone Stomp, Push and Run. Repeat the above to face the front

**Part E (36 counts)**

Run 4 forward

Ds	Ds	Ds	Ds
L	R	L	R
&1	&2	&3	&4

Vine Left and Right

Ds	Ds (xib)	Ds (ots)	R	S
L	R	L	R	L
&1	&2	&3	&	4

Charleston Brush

Ds	Tt (f)	Hc	Tt (b)	Hc	Br	Hc
L	R	L	R	L	R	L
&1	&	2	&	3	&	4

Repeat the above steps with a right foot lead, then

Hold 4 counts pa ( 1 2 3 4)

**Key**

Ds = double step  
 R = rock  
 S = step  
 Hw = heel takes weight  
 Hc = heel click  
 Dr = drag  
 Li = lift  
 Tt = Toe Touch  
 Stmp = Stomp  
 Sl = Slide  
 Br = Brush  
 Dt = double toe

xif = cross in front  
 xib = cross in back  
 ots = out to side  
 f = front  
 b = back  
 pa = pause

**Ending (49 counts)**

Dance Samantha 1/4 Left, Simone Stomp, Push and Run

Dance Samantha 1/2 Left, Simone Stomp, Push and Run

Dance Samantha 1/4 Left, Simone Stomp, Push and Run

1 Step

S
L
1